



Bloomfield Gymnastics Policies

Dear Students and Parents,

Our goal is to teach gymnastics in a safe and fun environment and to raise the child's level of self-esteem.

The following is a list of class and gym policies and guidelines to help each child to achieve their goals in the safest manner possible.

FOR PARENTS:

Every child must be properly dressed before entering the gym.

- No jewelry, or rings. (Post earrings acceptable)
- Hair must be tied back, not hanging in face. This is a safety hazard. A gymnast must be able to see clearly so they can perform at their best.
- Shorts and T-shirts and / or leotards are acceptable dress.
- No gum, pop cans, or water bottles are allowed in the gym.

Please do not allow your child to wear jeans. It restricts movement when stretching, and buttons can hurt their stomach.

FOR STUDENTS:

SAFETY IS A MUST!

- When leaving an event, watch to see that you do not interfere with anyone working on another event.
- Gymnasts are not allowed to be on any equipment without a coach present.
- If, for any reason, your coach is called away, do not remain on the equipment. Dismount until the coach has returned and then continue practicing.
- Do not touch or hang on any piece of equipment while another person is working on it.
- When entering class, please put all clothing in designated areas, wait till your class is called, and WALK out into the gym.

Our sessions are 8 weeks long. Class availability is on a first-come, first-paid basis. All fees are due PRIOR to the start of class.

MAKE – UPS:

Make-ups will be given with prior notification of the class(es) being missed. Two make-ups per session are allowed and CAN NOT be carried over to the next session. A make-up coupon must be obtained from the office to participate.

Thank you,

Bloomfield Gymnastics Staff